



FORTRESS ENERGY INC

NEWS RELEASE

FORTRESS ENERGY INC. WILL BE PARTICIPATING IN THE FALL SEPAC INVESTOR SHOWCASE MONDAY, NOVEMBER 5, 2007

November 2, 2007 – Calgary, Alberta – Fortress Energy Inc. (“Fortress” or the “Company”) is presenting at the Calgary Sepac Fall Investor Showcase on Monday, November 5, 2007.

Westin Hotel
304-4th Ave SW Calgary
Deloitte Room
Time: -2:45-3:00pm

The complete showguide and the schedule of events are available at www.sepac.ca. Fortress will also have a table set-up in the central SEPAC Members Room where attendees can pick-up individual corporate reports.

All presentations, including audio, will also be available via the SEPAC website, Fortress website www.fortressenergy.com and Canada Newswire as of November 7, 2007.

The Keynote Speaker for the showcase is Mr. Don Rawson, Vice-President and Director of Institutional Research at Tristone Capital. Session Sponsors include; Brickburn Asset Management Inc., CNQ: Canada's New Stock Exchange, CPIX Ltd, DataSafe Recovery Services Ltd, Ernst & Young LLP, Fekete Associates Inc., Fraser Milner Casgrain LLP, TSX Venture Exchange, and Van Helden Agencies Ltd. Beverages are provided courtesy of Meyers Norris Penny LLP.

Fortress' primary focus is exploration for development and production of natural gas reserves in Western Canada. The Company owns an interest in approximately 130,000 net acres of land and 51,000 net acres of undeveloped land located in the Ladyfern, Buick Creek and Velma areas in NE British Columbia and the Chigwell, Bashaw, Square Creek, Halverson, West Halverson, Mearon North, Dahl areas in Alberta.

Fortress' production base is approximately 1,350 boe/d consisting of 95 percent natural gas. Its strategy is to acquire assets that it can enhance through additional drilling, improving operations, and develop investment projects internally. Fortress operates most of its production and drilling operations enabling it to have complete control over cost management of its capital programs.

Caution to Reader

This news release contains forward-looking information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonable by Fortress at the time of preparation, may prove to be incorrect. The actual results achieved in future periods will vary from the information provided herein and the variations may be material. Consequently, there is no representation by Fortress that actual results achieved during future periods will be the same in whole or in part as the information contained herein.

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