



TRILOGY ENERGY TRUST

Calgary, Alberta

November 22, 2006

TRILOGY ENERGY TRUST IMPLEMENTS A NORMAL COURSE ISSUER BID

Trilogy Energy Trust ("TET" or the "Trust") (TSX:TET.UN) announced today that it has made the necessary filings, and received the necessary approvals, to make a normal course issuer bid through the facilities of the Toronto Stock Exchange. Trilogy may purchase up to 4,624,801 of its trust units ("Trust Units"), representing approximately 5% of the 92,566,681 Trust Units outstanding as at November 15, 2006, for cancellation under the bid. Purchases under the bid may be made during the period beginning on November 24, 2006 and ending on November 23, 2007, or on such earlier date as Trilogy may complete its purchases under the bid. The price Trilogy will pay for any Trust Units purchased under the bid will be the market price at the time of purchase.

Trilogy believes that, from time to time, the repurchase of its Trust Units for cancellation could represent an appropriate use of its funds to enhance the underlying value of its remaining Trust Units.

About TET

Trilogy Energy Trust is a petroleum and natural gas-focused Canadian energy trust. TET's Trust Units are listed on the Toronto Stock Exchange under the symbol "TET.UN".

For further information, please contact:

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